

Modified JOA Scale for Cervical Myelopathy

Arm Motor Skills

- 0 unable to feed oneself
- 1 unable to use knife and fork, able to eat with a spoon
- 2 able to use knife and fork with much difficulty
- 3 able to use knife and fork with slight difficulty
- 4 no disability

Leg Motor Skills

- 0 unable to walk
- 1 can walk on flat floor with walking aid
- 2 can walk up or down stairs with handrail
- 3 lack of stability and smooth gait
- 4 no disability

Sensation

Upper Extremity

- 0 severe sensory loss or pain
- 1 mild sensory loss
- 2 none

Lower Extremity

- 0 severe sensory loss or pain
- 1 mild sensory loss
- 2 none

Trunk

- 0 severe sensory loss or pain
- 1 mild sensory loss
- 2 none

Bladder

- 0 unable to void
- 1 marked difficulty in micturition (retention)
- 2 difficulty in micturition (frequency, hesitation)
- 3 none

Range: 0 - worst, 17 - normal